

2011 Health Observances

	S	M	T	W	T	F	S	
Sep 2011						1	2	3
	4	5	6	7	8	9	10	
	11	12	13	14	15	16	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30		

Prostate Cancer Awareness Month
 America on the Move—Month of Action (become more active and eat more healthfully)
 World Alzheimer's Day (9/21)
 National Alcohol & Drug Addiction Recovery Month
 Cholesterol Education Awareness Month
 Adult Immunization Awareness Month

	S	M	T	W	T	F	S	
Oct 2011								1
	2	3	4	5	6	7	8	
	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	
	23	24	25	26	27	28	29	
	30	31						

Eat Better, Eat Together Month
 Children's Health Month
 Breast Cancer Awareness Month
 Healthy Lung Month
 Lupus Awareness Month
 Depression & Mental Health Screening Month
 World Mental Health Day (10/10)

	S	M	T	W	T	F	S	
Nov 2011			1	2	3	4	5	
	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
	27	28	29	30				

World Diabetes Day (11/14)
 Great American Smoke out Month
 Pancreatic Cancer Awareness Month
 American Education Week (11/13-19)
 National Flu Vaccination Week (11/27-12/3)

	S	M	T	W	T	F	S	
Dec 2011					1	2	3	
	4	5	6	7	8	9	10	
	11	12	13	14	15	16	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30	31	

National Aids Awareness Month
 National Drunk & Drugged Driving Prevention Month
 National Aplastic Anemia Awareness Month
 National Hand Washing Week (12/4-10)
 Safe Toys and Gifts Month

2012 Health Observances

Jan 2012	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7	Cervical Health Awareness Month
	8	9	10	11	12	13	14	National Blood Donor Month
	15	16	17	18	19	20	21	National Glaucoma Prevention Awareness Month
	22	23	24	25	26	27	28	Health Weight Week (1/15-21) National Birth Defects Prevention Month
	29	30	31					Thyroid Awareness Month

Feb 2012	S	M	T	W	T	F	S	
				1	2	3	4	Macular Degeneration/Low Vision Awareness Month
	5	6	7	8	9	10	11	American Heart Month
	12	13	14	15	16	17	18	National Children's Dental Health Month
	19	20	21	22	23	24	25	National Donor Day (2/14) Congenital Heart Defect Awareness Month
	26	27	28	29				

Mar 2012	S	M	T	W	T	F	S	
					1	2	3	National Colorectal Cancer Awareness Month
	4	5	6	7	8	9	10	National Nutrition Month
	11	12	13	14	15	16	17	Save Your Vision Awareness Month
	18	19	20	21	22	23	24	World Kidney Day (3/11) Brain Awareness Week (3/14-20)
	25	26	27	28	29	30	31	Salt Awareness Day (3/11)

Apr 2012	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7	Alcohol Awareness Month
	8	9	10	11	12	13	14	Irritable Bowel Syndrome Awareness Month
	15	16	17	18	19	20	21	Sports Eye Safety Month
	22	23	24	25	26	27	28	National Public Health Week (4/4-10) World Health Day (4/7)
	29	30						National Infant Immunization Week (4/23-30)

2012 Health Observances

May 2012	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7	Arthritis Awareness Month
	8	9	10	11	12	13	14	Melanoma/Skin Cancer Detection & Prevention Month
	15	16	17	18	19	20	21	National High Blood Pressure Education Month
	22	23	24	25	26	27	28	Healthy Vision Month
	29	30	31					Hepatitis Awareness Month
							National Employee Health & Fitness Day (5/18)	
							World No Tobacco Day (5/31)	

Jun 2012	S	M	T	W	T	F	S	
			1	2	3	4	5	Cataract Awareness Month
	6	7	8	9	10	11	12	Men's Health Month
	13	14	15	16	17	18	19	Home Safety Month
	20	21	22	23	24	25	26	National Cancer Survivors Day (6/5)
	27	28	29	30	31			National HIV Testing Day (6/27)
							World Sickle Cell Day (6/19)	

Jul 2012	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7	Cord Blood Awareness Month
	8	9	10	11	12	13	14	International Group B Strep Awareness Month
	15	16	17	18	19	20	21	Juvenile Arthritis Awareness Month
	22	23	24	25	26	27	28	UV Safety Month
	28	30	31					

Aug 2012	S	M	T	W	T	F	S	
				1	2	3	4	Children's Eye Health & Safety Month
	5	6	7	8	9	10	11	National Immunization Awareness Month
	12	13	14	15	16	17	18	Psoriasis Awareness Month
	19	20	21	22	23	24	25	National Pain Awareness Month
	26	27	28	29	30	31		National Night Out: America's Night Out Against Crime (8/7)
							Cataract Awareness Month	

Sep 2012	S	M	T	W	T	F	S	
							1	National Cholesterol Education Month
	2	3	4	5	6	7	8	National Food Safety Education Month
	9	10	11	12	13	14	15	National Gynecologic Cancer Awareness Month
	16	17	18	19	20	21	22	Healthy Aging Month
	23	24	25	26	27	28	29	Leukemia & Lymphoma Awareness Month
30							Prostate Cancer Awareness Month	
							Take a Loved One to the Doctor Day (9/18)	